

# Summer Camp 2010

Camp will run in four weekly sessions from June 21-July 16 for children entering PreK-4 through 6th grades. The day will start at 9:00am and end at 3:00pm. You can sign up for just one week or more if desired.

Children will be split into three age groups: 4-5, 6-8 and 9-11. When appropriate, the older age groups will be combined for an even richer learning experience! Monday through Thursday the children will be responsible for their own lunch. On Fridays your child will enjoy a lunch both harvested and prepared by them!

The campers will go on field experiences as well as be involved in wonderful hands-on experiences right on our own campus. The school's philosophy of sustainability and how our behaviors and choices affect our planet will be intertwined with everything we do.

## Health Requirements

All participants must have current physicals on file in the Nurse's office. For children not enrolled at Unquowa during the school year, a current physical form must accompany your registration. If a student requires medication during the program hours, an authorization form signed by the parent and the doctor must be completed and the medication provided in the original container with times and dosages clearly marked. The Camp Director will administer medications.



\*Sessions may be closed when maximum enrollment is reached or cancelled if minimum enrollment is not reached.

# On-Site Activities

## Sweet Peas

Our youngest campers will enjoy a half day (9:00am - 12:00pm) here at our campus. The campers will work in our own raised beds, experience nature through science and art, and enjoy cooking classes with our own Chef Peter! (Campers entering PreK-4 and K)

## What's Cooking

Our own Chef Peter will work closely with the campers teaching them how to prepare a healthy, well-balanced meal from the different things they harvest throughout the week. He will discuss the nutritional value of what is being prepared, as well as what type of vegetables they are working with. This will be a daily cooking lesson that will culminate in a meal prepared by the campers each Friday. (Campers entering 1st - 6th grades)

## The Art of Nature

From using products of nature to express themselves artistically, to actually sketching flora and fauna, campers will be encouraged to express their artistic side. They will also work on projects using a variety of recyclable materials to produce different keepsakes to remind them always of this amazing camp experience! (All campers)

## Conservation Science

Campers will learn through a variety of hands-on activities, as well as observations, how their actions impact their environment. This will be a chance to experience first hand how making little changes in their everyday lives can make a big difference in the overall health of our planet. The themes of study will change weekly and be tailored to fit all the age groups at our camp! (Campers entering 1st - 6th grades)

## Surviving in Nature

Campers will get a chance to explore the environment, discuss various issues affecting the planet and learn how to survive in the natural world. Activities will take place in the woods surrounding our campus and along the banks of our river. (Campers entering 1st-6th grades)

# Field Experiences

## Sport Hill Farm

Located right down the road from Unquowa, the Sport Hill Farm will offer our campers many opportunities to experience first hand what it is like to run and work on an organic farm. Visits to the farm will take place four times a week and will involve every kind of farm chore imaginable. Campers will learn how to plant, harvest, and irrigate different crops from the owner of the farm, Patti Popp. They will even help prepare vegetables to be brought to a farmer's market. As an additional part of this experience campers will learn what it means to raise chickens organically and even collect their eggs! (Campers entering 1st - 6th grades)

## Wednesday Field Experiences

Campers entering 1st through 6th grades will spend a day exploring various sites off campus. During these field experiences, they will visit places that support our philosophy of sustainable living. From how some farms depend on animals, to harvesting our oceans, these experiences will help to further broaden this philosophy.

# Summer Camp Registration

Child's Name \_\_\_\_\_ Entering Grade \_\_\_\_\_

Please check session(s) attending: **Fee per week:**

Week 1 (June 21-25) \$300.00

Week 2 (June 28-July 2) \$300.00

Week 3 (July 6-9) \$275.00

Week 4 (July 12-July 16) \$300.00

**Sweet Peas Program and fee per week:**

**PreK-4 and K** (Tues., Wed., Thurs.) \$100.00

**Total Amount Due:** \_\_\_\_\_

Return registration\* with check payable to The Unquowa School to:

**THE UNQUOWA SCHOOL**  
981 Stratfield Road  
Fairfield, CT 06825-1697

How did you hear about us? \_\_\_\_\_

Registration form is due 3 weeks prior to the start of each session.

Parent Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

*\*This form also serves as a permission slip for any and all field experiences.*



Combines the best of farm and environmental education with traditional summer day camp.



THE UNQUOWA SCHOOL  
981 Stratfield Road, Fairfield, CT 06825

Summer Farm Camp  
at The Unquowa School

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203-336-3801 [www.unquowa.org](http://www.unquowa.org)