

Skill Levels

Ski - Skill Levels / Lesson Content

First Time

New to the sport / Ready to learn the basics on equipment, turning, stopping and chair lift procedures

Beginner

Riding the chair lift and can ski independently making wedge turns on **beginner terrain** / Ready to discover linking turns, changing the size, shape and rhythm of your turns, pole use, skating and introduction to parallel turns

Intermediate

Exploring **intermediate terrain** making small wedge or beginning parallel turns / Ready to build more confidence by skiing many different turn shapes and sizes on more challenging terrain and in different conditions

Advanced

Making consistent parallel turns on **advanced terrain** / Ready to explore all the mountain has to offer by learning the skills and tactics that it takes to ski steeper terrain, moguls and variable snow conditions

Snowboard - Skill Levels / Lesson Content

First Time

New to the sport / Ready to learn the basics on equipment, turning, stopping and chair lift procedures

Beginner

Riding the chair lift and can snowboard independently controlling direction and speed on **beginner terrain** / Ready to discover speed control through heel and toe edge movements and intro to linking turns

Intermediate

Exploring **intermediate terrain** using linked turns to control direction / Ready to learn speed control through turn shape and intro to carving and ground tricks

Advanced

Making carved turns on **advanced terrain** / Ready to discover advanced carving skills, switch riding, moguls or intro to aerials